

LINDSEY ENOCH, MD

Lindsey Enoch graduated with a Bachelor's of Science from James Madison University, and received her medical degree from Saint Louis University. She completed a combined residency in Internal Medicine and Psychiatry at UC Davis. During her final year of residency, she spent time as chief resident and worked with a collaborative care team doing consultation for primary care.

Because of her training in both Internal Medicine and Psychiatry, Dr. Enoch has unique experiences providing both medical and mental health care in nontraditional settings. Over the years, Dr. Enoch taught residents how to address psychiatric illness in the primary care setting. She has also written on the topics of teaching primary care providers supportive therapy and teaching psychiatrists how to screen and treat metabolic syndrome.

Dr. Enoch has been dually appointed in the Departments of Psychiatry and Internal Medicine, and is doing collaborative care at three different clinics, in addition to doing primary care and telepsychiatry. She feels her most important work has been centered on teaching, and one of her main interests is developing curriculum to help psychiatrists provide medical care to their patients. Five years from now, she believes that collaborative care will rely on both psychiatrists and primary care doctors' ability to provide comprehensive care.