

JAMES A. BOURGEOIS, MD

Dr. James Bourgeois is Clinical Professor and Vice Chair, Clinical Affairs, Department of Psychiatry, UCSF Medical Center, San Francisco.

Dr. Bourgeois has received the degrees of Bachelor of Arts from The College of the Holy Cross (1978), Doctor of Optometry from The New England College of Optometry (1982), Master of Public Administration from Auburn University (1984) and Doctor of Medicine from The Uniformed Services University of the Health Sciences (1989). He completed his residency in psychiatry from Wright State University (1993) and is certified by the American Board of Psychiatry and Neurology in Psychiatry (1995, recertified 2004 and 2014) and Psychosomatic Medicine (2005, recertified 2014).

He served as a staff optometrist, EENT Service, USAF Regional Hospital, Maxwell Air Force Base, in Montgomery, Ala., from 1982-1985, Chair of Mental Health at 9th Medical Group, Beale Air Force Base, in Marysville, Calif., from 1993-1994, Director of Inpatient and Consultation Mental Health Services at David Grant Medical Center/60th Medical Group, Travis Air Force Base, in Fairfield, Calif., from 1994-1998, Chair of the Psychiatry Department, at Wilford Hall Medical Center/59th Medical Wing, Lackland Air Force Base, in Bexar County, Texas, from 1998-2000 and Director of the Psychosomatic Medicine Service at University of California, Davis Medical Center, in Sacramento from 2000-2009, Professor and Vice Chair, Education (2009-2011) and Clinical Head of Service, General Psychiatry Division (2010-2012), at Department of Psychiatry and Behavioural Neurosciences, Michael G. DeGroot School of Medicine, Faculty of Health Sciences, McMaster University, Hamilton, Ontario, Canada, before moving to UCSF in 2012.

He is the author of over 170 peer-reviewed publications and 50 books or book chapters, most of which pertain to general adult psychiatry, psychopharmacology, and/or psychosomatic medicine. He has held previous academic appointments at University of California, Davis, University of Texas Health Sciences Center at San Antonio, Uniformed Services University of the Health Sciences, and McMaster University. He retired as a Colonel from the United States Air Force Reserve in 2005.

His academic interests are in the integration of medical and psychiatric illness, psychopharmacology, medical education, models of service delivery in psychosomatic medicine, and neuropsychiatry. He is a member of Alpha Omega Alpha, a Fellow of the Academy of Psychosomatic Medicine and the American Psychiatric Association, and a member of the American Neuropsychiatric Association and the Association of Military Surgeons of the United States. He serves on the Editorial Boards of American Psychiatric Publishing and Academic Psychiatry.

