

CURRICULUM VITAE

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DIPLOMATE AMERICAN BOARD OF PSYCHIATRY AND NEUROLOGY

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EDUCATION

Postgraduate Medical Education

- 2010-2011: Human Attachment/Adult Attachment Interview Postgraduate Training, Supervisors: Mary Maine, Ph.D., and Erik Hesse, Ph.D. University of California, Berkeley.
- 2003/2005: Neuroanatomy Hands-on Dissection Postgraduate Training. Director and Supervisor: Lennart Heimer, M.D. Sponsored by Saint Louis University School of Medicine and Saint Louis Anatomy Workshop (Zeiss Learning Center), Saint Louis, MO.
- 1985-1986: Research Fellowship, Long Beach Veterans Affairs Healthcare System, Director: Robert Gerner, M.D., Supervisor: Louis Gottschalk, M.D., Ph.D.
- 1982-1986: Residency in Psychiatry at the University of California, Irvine, Department of Psychiatry and Human Behavior.
- 1984-1985: Chief Resident at the Long Beach Veterans Affairs Healthcare System (Long Beach VA Medical Center), Long Beach, California.
- 1977-1980: Rotating internship in Pediatric Subspecialties: General Pediatrics, Intensive Care, Neonatal Care, Hematology and Infectious Diseases (6-month rotations). Extended rotations in Childhood Leukemias and Infections of the CNS. University Hospitals, Carol Davila Institute for Medicine and Pharmacy, Bucharest, Romania.

High School and Undergraduate Education

College J.W. Goethe [former "School No. 21"] German College
Bucharest, Romania
Degree: "Baccalaureate" 1972

Premedical and Medical Education

Carol Davila Institute for Medicine and Pharmacy, Bucharest, Romania 1972-1978
Degree: Medical Doctor
Average Grade: 10 (the highest)

CERTIFICATION AND LICENSURE

- 1994-present: Certified Qualified Medical Examiner (QME), State of California Department of Industrial Relations.
- 1988-present: Diplomate, American Board of Psychiatry and Neurology.
- 1982-present: Licensed in the State of California.

- 1981: Passed ECFMG and FLEX examinations in Los Angeles, California.
- 1977: Admitted to rotating internship in Pediatrics (by competition for 20 openings), University Hospitals, Carol Davila Institute for Medicine and Pharmacy, Bucharest, Romania.

PROFESSIONAL EXPERIENCE

- 2003-Present: Clinical Professor of Psychiatry, University of California, Irvine.
Department of Psychiatry and Human Behavior
School of Medicine, University of California, Irvine
- 2000-Present: Director, Traumatic Stress Program
Department of Psychiatry and Human Behavior
School of Medicine, University of California, Irvine
- 2002-Present: Consultant, Government of the Netherlands regarding War Trauma
Compensations.
- 1986-Present: Private Practice, Newport Beach, California.
- 1986-Present: Court Testimony/Trials - Expert Witness in Psychiatry and Posttraumatic Stress
Disorder - over 25 cases in State of California, State of Washington (maritime
cases) and Federal Court cases.
- 1986-Present: Expert Witness, State of California, Division of Industrial Accident (written and
oral testimony over 900 cases in the capacity of Qualified Medical Examiner -
QME and Agreed Medical Examiner - AME).
- 1998-2001: Chairman, Special Interest Area Group: "Intergenerational Transmission of
Trauma," International Society of Traumatic Stress Studies (ISTSS).
- 1996-1998: Vice Chairman, Department of Neurology and Psychiatry, Hoag Memorial
Hospital Presbyterian.
- 1995-2000: Medical Director, Partial Hospitalization Program, Department of Psychiatry and
Human Behavior, UC Irvine Medical Center.
- 1993-1994: California Psychiatric Association's Representative to the Young Physician
Section (YPS) of the California Medical Association.
- 1988-1990: Executive Council Orange County Psychiatric Society.
- 1987-2003: Clinical Instructor (until 1989); Assistant Clinical Professor (until 1997);
Associate Clinical Professor (until 2003) Department of Psychiatry, University of
California, Irvine.

- 1987-1988: Associate Medical Director, "Teens Living Clean," an adolescent chemical dependency rehab program, Pacifica Community Hospital, Huntington Beach, California.
- 1987-1988: Leader, Family Support Group, The Alliance of Mentally Ill (AMI), Group Location: Hoag Memorial Hospital Presbyterian, Newport Beach, California.
- 1987: Consultant, Utilization Review, Dunn and Bradstreet, Tampa, Florida.
- 1986-1987: Consultant, Los Angeles County Department of Mental Health (Crisis Management Center).
- 1978: Adjunct Teaching Faculty, Pediatric Hematology at the Fundeni Hospital, Bucharest, Romania.

Dr. Novac's Regional Lectures/Paper Presentations

1984-1996:

- Fritz Pearls – "His Life and Activity," Grand Rounds, Veterans Administration Medical Center, Long Beach, California, 1984.
- "Affective Disorders in Adolescents," Grand Rounds, Western Medical Center, Anaheim, California, 1986.
- "Psychopathology," MFCC Preparatory Workshop, Sheraton Hotel, Irvine, California, 1986.
- "Depression and its Variants," Lecture, Capistrano By The Sea Hospital, Mental Illness Awareness Week, 1988.
- "Headache: A Rehabilitation Obstacle," 8th Annual Workers' Compensation Conference: Forum on Rehabilitation, April 29, 1993, Oxnard, California, 1993.
- "An Analysis of the Motivation of Rescuers During the Holocaust," in "Schindler's List," A teachable moment for Holocaust education. Lecture series Martyrs Memorial and Museum, Los Angeles, April 1994.
- "Resilience and Physical Health of Holocaust Survivors," Conference: "A Gathering of the Generations," Los Angeles, California, May 17-19, 1996.

1996-2000:

Novac, A.: "Clinical Wisdom in the Treatment of Anxiety and Depression in Holocaust Families," Conference: "Healing History's Wounds: Clinical Issues in the Treatment of Holocaust Survivors and Their Families," Los Angeles, California, June 30, 1996.

Novac, A. (Course Director): "Traumatic Disorders: Biological Basis, Developmental Factors, Diagnosis and Treatment," (Participants: Larry Cahill, Ph.D., Roger Pitman, M.D., Penny Randall, M.D., and Peter Sukin, M.D.), California Psychiatric Association Ninth Annual Meeting, Palm Springs, California, October 11-13, 1996.

Novac, A. (Presenter): "Stress and Microtrauma of Everyday Life," Co-Presenters: Roger Pitman, M.D., Larry Cahill, Ph.D., Peter Sukin, M.D., and Penny Randall, M.D., California Psychiatric Association Ninth Annual Meeting, Palm Springs, California, October 11-13, 1996.

- Novac, A. (Presenter Group Facilitator): "Countertransference in Therapy with Traumatized Families," Discussion on the play "Sisters" ("Schvesters") by Kevin Brofski, January 8, 1997, Martyrs Memorial and Museum, Los Angeles, California.
- Novac, A.: "Intergenerational Aspects of Trauma: New Concepts on Vulnerability to Stress and Trauma," Grand Rounds, February 11, 1997, University of California Irvine Medical Center, Orange, California.
- Novac, A.: "A Quest Beyond Survival," Workshop for Psychotherapists Working with Trauma. March 12, 1997, Martyrs Memorial and Museum, Los Angeles, California.
- Novac, A.: "Brief? Therapeutic Approach with the Schizophrenic Patient," Lecture for County of Orange Mental Health Professionals, Presented on April 9, 1997 at UCI Medical Center, Orange California.
- Novac, A.: "Assessment of and Psychotherapy with Eastern European Families," in "Family Therapy Seminar," Division of Child and Adolescent Psychiatry, Department of Psychiatry, University of California, Lecture to Fellows in Child Psychiatry, May 28, 1997, Orange, California.
- Novac, A.: "PTSD and Its Complications, An Update," Lecture for County of Orange Mental Health Professionals, presented on November 12, 1997, at UCI Medical Center, Orange, California.
- Novac, A.: "Mood Disorders, Traumatic Stress and Acquired Vulnerability," presented at the Meeting of the Manic Depressive Society, Orange County Chapter, November 17, 1997.
- Novac, A.: "Traumatic Disorders," presented at Department of Medicine, July 10, 1998, St. Joseph's Hospital, Orange, California.
- Novac, A.: "Intergenerational Aspects of Trauma," presented at the annual regional gathering of the Mensa Society, July 24, 1998, Costa Mesa, California.
- Novac, A.: "New Clinical Concepts in the Management of PTSD," presented at Featured Lecturer Series, October 14, 1998, Pacific Hospital, Long Beach, California.
- Novac, A.: "The Effects of Genocide on Future Generations," presented at The Middle East Studies Center, Southern California College, Vanguard University, November 14, 1998, Costa Mesa, California.
- Novac, A.: "Clinical Issues and New Concepts in PTSD: Intergenerational Aspects of Trauma and Acquired Vulnerability," Grand Rounds, Kaiser Permanente, West Covina, California, February 24, 1999.
- Novac, A.: "The Interface of Medicine and Psychiatry," Robert F. Kennedy Memorial Medical Center, Los Angeles, California, September 30, 1999.
- Novac, A.: "The Interfaces of Medicine and Psychiatry," Citrus Valley Medical Center, Covina, California, October 19, 1999.

Novac, A.: "The Medical/Psychiatric Assessment," Huntington Beach Hospital, Huntington Beach, California, October 28, 1999.

2000-present:

Novac, A.: "New Treatment Directions in Post Traumatic Stress Disorder," Presented at Orange County Psychiatric Society, January 18, 2000, Santa Ana, California.

Novac, A.: "New Diagnostic and Treatment Concepts in Post Traumatic Stress Disorder," Grand Rounds, UCI Medical Center, January 18, 2000, Orange, California.

Novac, A.: "An Update on Post Traumatic Stress Disorder," sponsored by Pfizer Pharmaceuticals, Loma Linda University Hospital, Department of Internal Medicine, March 7, 2000, Loma Linda, California.

Novac, A.: "Newer Trends in the Treatment of Traumatic Disorders," sponsored by Pfizer Pharmaceuticals, Loma Linda University Hospital, Department of Psychiatry, March 10, 2000, Loma Linda, California.

Novac, A.: "Essentials in the Treatment of Post Traumatic Disorder and Other Traumatic Disorders," sponsored by Pfizer Pharmaceutical, Riverside County Regional Medical Center, Department of Family Medicine, April 26, 2000, Riverside, California.

Novac, A.: "Newer Concepts in the Treatment of Traumatic Disorders," Presented for General Practitioners of Northern Orange County, April 27, 2000, La Habra, California.

Novac, A.: "Traumatic Stress and Aggression," Coalition Against Domestic Violence of Orange County, September 8, 2000, Fountain Valley Library, Fountain Valley, California.

Novac, A.: "Civilian PTSD," Grand Round Lecture, Northridge Hospital and Medical Center, Roscoe Campus, January 30, 2001, Northridge California.

Novac, A.: "Somatization," Grand Round Lecture, Fallbrook Hospital, April 12, 2001, Fallbrook, California.

Novac, A.: "Stress in the Workplace," Presented for the State of California, Department of Rehabilitation, August 22, 2001, Orange, CA.

Novac, A.: "Civilian Posttraumatic Stress Disorder/Contemporary Meaning," Presented at the Meeting of the California Chapter of the American Psychiatric Nurses Association, Saddleback Community Hospital, February 28, 2002, Laguna Hills, California.

Novac, A.: "New Findings in Psychopathology and Treatment of Posttraumatic Stress and Related Disorders," Grand Rounds, UCI Medical Center, March 5, 2002, Orange, California (sponsored by GlaxoSmithKline).

Novac, A.: "Are We Prepared for Traumatic Stress," Presented at Workplace Preparedness Conference, sponsored by University of California, Irvine, April 2, 2002, Orange, California.

Novac, A. (Presenter): “Civilian Posttraumatic Stress Disorder: Contemporary Meaning,” Workshop (Co-Presenter Shari Shaw, Ph.D., M.F.T.), The Meeting of the Minds Conference, 8th Annual Meeting of the Mental Health Association of Orange County, May 30, 2002, Disneyland Hotel, Anaheim, CA.

Novac, A.: “Stress in the Workplace,” Presented at Knobbe, Martens, Olson & Bear, June 13, 2002, Newport Beach, CA.

Novac, A.: “Aggressive Behavior, Trauma and Neurobiology,” Presented at Summer Institute on Youth Violence Prevention, (Sponsored by CDC Grant – Developing Center and Consortium for Youth Violence Prevention), August 11-18, 2002, University of California, Irvine.

Novac, A.: “Posttraumatic Stress Disorder,” Presented at Orange County Health Care Agency (sponsored by GlaxoSmithKline), April 2, 2003, Santa Ana, CA.

Novac, A.: “Stress in the Workplace,” Presented at the City of Anaheim, Department Human Resources, City Hall, May 28, 2003, Anaheim, CA.

Novac, A.: “Posttraumatic Stress Disorder in Contemporary Clinical Practice,” Presented at Frontline Professional Educational Event for YWCA Anchor Plus, Orange County, June 20, 2003, Fountain Valley, CA.

Novac, A.: “Relationship Between Personality Disorders and Posttraumatic Stress,” Presented at West Hills Hospital, Department of Family Medicine, July 11, 2003, West Hills, CA.

Novac, A.: “Stress & Trauma: Depression, Anxiety & Panic Attacks,” Presented at St. Vincent Hospital, Grand Rounds, July 29, 2004, Los Angeles, CA.

Novac, A.: “Traumatic Stress and Psychopathology,” Presented at Encino-Tarzana Regional Medical Center, Department of Psychiatry, November 1, 2005, Tarzana, CA.

Novac, A.: “Physician Stress Management,” Presented for La Palma Intercommunity Hospital at Knotts Berry Farm Resort Hotel, November 17, 2005, Buena Park, CA.

Novac, A.: “Physician Stress Management,” Presented at South Coast Medical Center, Department of Family Medicine, November 29, 2005, Laguna Beach, CA.

Novac, A.: “Trauma, Somatization and Depression,” Presented at Emanuel Medical Center, Department of Psychiatry, February 21, 2006, Turlock, CA.

Novac, A.: “Physician Stress Management,” Presented at Placentia-Linda Hospital, Grand Rounds, March 6, 2006, Placentia, CA.

Novac, A.: “Consequences on the Individual and Society’s Response,” Presented at Orange County Psychiatric Society, November 29, 2006, Orange, CA.

Novac, A.: “Traumatic Stress Disorders and Environmental Stressors,” Presented at Residency Grand Rounds, Department of Occupational and Environmental Medicine, February 7, 2007, UC Irvine, CA.

- Novac, A.: "Interpersonal and Social Exchange: Their Role in Trauma and Trauma Recovery," Presented at the Annual Meeting of the Southern California Psychiatric Society, April 12, 2008, Pala Mesa Resort, CA.
- Novac, A.: "Trauma, Somatization and Depression," Presented at Olive View/UCLA Medical Center, Department of Psychiatry, May 1, 2008, Sylmar, CA.
- Novac, A.: "Non-Military Post Traumatic Stress Disorder: New Concepts in Treatment and Management," Presented at Northridge Hospital Medical Center, Department of Family Medicine, May 9, 2008, Northridge, CA.
- Novac, A.: "Personality Disorders and DSM-5," Presented at Olive View/UCLA Medical Center, Department of Psychiatry, January 8, 2009, Sylmar, CA.
- Novac, A.: "Introduction to Psychoanalysis of Trauma and PTSD." Lecture. The New Center for Psychoanalysis, Los Angeles, CA, May 5, 2010. (Core Seminar, Two-Year Program)
- Novac, A.: "Psychoanalytical Treatment of PTSD." Lecture. The New Center for Psychoanalysis, Los Angeles, CA, May 12, 2010.
- Novac, A.: "Sexual Addiction and Its Treatment." Lecture. Lakewood Regional Medical Center, Lakewood, CA, January 20, 2012.
- Novac, A.: "Grief Management." Lecture. Temple Hospital, Los Angeles, CA, September 17, 2013.
- Novac, A.: "Physician Burn-Out." Ground Rounds. University of California at Irvine, Department of Psychiatry. Irvine, CA, June 2, 2015.
- Novac, A. "Mental Illness: Common Disorders, Treatment and Medication." Paper Presentation. Annual Meeting, California Association of Toxicologists. Irvine, CA, November 6-7, 2015
- Novac, A. "Trauma and Post-Traumatic Stress Disorder." Grand Rounds Presentation. Scripps-Mercy Hospital. San Diego, CA. October 7, 2016.

International and National Lectures/Paper Presentations (Selected Titles)

- Novac, A.: "Clinical Heterogeneity," presented at "The Many Facets of Psychiatric Treatment and Their Rationale," Symposium, World Psychiatric Association, Cologne, Germany, September 30-October 3, 1993.
- Novac, A. (Chairman of Workshop): "New Clinical Perspectives on Children of Holocaust Survivors," Annual American Psychiatric Association, May 1993, San Francisco, California.
- Novac, A.; Newman, R.; Kinsler, F.: "Special Treatment Issues in Children of Holocaust Survivors." Workshop, Annual Meeting of the American Psychiatric Association, Philadelphia, May 21-26, 1994.

- Novac, A.: "Comorbidity in Traumatized Families." Poster Session presented at the Tenth Annual Meeting of the International Society of Traumatic Stress Studies, Chicago, November 7-9, 1994.
- Novac, A. (Workshop Chair); Newman R.; Yehuda, R.; Danieli, Y.; et al.: "Second Generation: Understanding Current Clinical and Research Trends on Children of Holocaust Survivors," Annual Meeting of the American Psychiatric Association, Miami, Florida, May 20-25, 1995.
- Novac, A. (Symposium Chairman and Presenter): "A Multidisciplinary Approach to Offspring of Holocaust Survivors," Annual Meeting of the American Psychiatric Association, New York, New York, May 4-9, 1996.
- Novac, A. (Chair): "New Clinical Perspectives on Children of Holocaust Survivors," Presented at Symposium: "Lessons from the Holocaust One-Half Century Later." Co-Presenters: Rita R. Newman, M.D.; Uwe Henrik Peters, M.D.; Tenth World Congress of Psychiatry, Madrid, Spain, August 23-28, 1996.
- Novac, A. (Workshop Chairman and Presenter): "Treating Offspring of Holocaust Survivors: An Update," (Co-Presenters: Newman, R.; Yehuda, R.; Danieli, Y.; Schulberg, C.; and Hass, A.), Annual Meeting of the American Psychiatric Association, San Diego, California, May 17-22, 1997.
- Novac, A. (Presenter): "Sexual Harassment/Discrimination: Targeting Symptoms of Anxiety, Depression, Psychosomatic Disorders, and PTSD," (Chairperson: Rita Newman, M.D.), Workshop presented at the Annual Meeting of the American Psychiatric Association, San Diego, California, May 17-22, 1997.
- Novac, A.: "The NBK Evaluation Scale: A pre-employment screening test for au pairs," presented at: Eurapair International Annual Conference, September 17-20, 1997, Boca Raton Resort, Florida.
- Novac, A.: "Acquired Vulnerability to Traumatic Stress and Some Forensic Implications," by presented at the 16th Annual Symposium of the American College of Forensic Psychiatry, April 23-26, 1998, San Francisco, California.
- Novac, A. (Symposium Chair): "Multigenerational Legacies of Trauma – Symposium 17th," (Co-Presenters Yael Danieli, Ph.D., Steven Soumi, Ph.D., Rachel Yehuda, Ph.D., and Cecile Rousseau, M.D.), 151st Annual Meeting of the American Psychiatric Association, May 30-June 4, 1998, Toronto, Canada.
- Novac, A.: "Assessing Intergenerational Traumatic Stress," presented at the 151st Annual Meeting of the American Psychiatric Association, May 30-June 4, 1998, Toronto, Canada.
- Novac, A.: "Trauma in Contemporary Clinical Practice," presented at the 3rd Annual Rocky Mountain Emotional Trauma Symposium, August 13-15, 1998, Whitefish, Montana.
- Novac, A. (Symposium Chair): "Intergenerational Aspects of Trauma – From Study Group to a New Discipline," (Co-presenters Susan Mirow, Ph.D., M.D., Mary Armsworth, Ed., and

Rachel Yehuda, Ph.D.), presented at the 14th Annual Meeting of the International Society for Traumatic Stress Studies, November 20-23, 1998, Washington, D.C.

Novac, A.: "Patterns of Behavior in Populations of Trauma Survivors: Biological and Clinical Aspects," Workshop (Co-presenters R. Newman; S. Mirow; R. Yehuda; R. Levitan), presented at the 152nd Annual Meeting of the APA, May 15-20, 1999, Washington, D.C.

Novac, A.: "Intergenerational Aspects of Trauma: Dehumanization as a Defense Mechanism," Poster Session (Co-presenters A. Eytan; and F. Kinsler), presented at the 15th Annual Meeting of the International Society for Traumatic Stress Studies, November 14-17, 1999, Miami, Florida.

Novac, A. (Chairperson): "Trauma Survivors: Heterogeneity of Psychiatric Manifestations," Workshop (Co-Presenters: R. Yehuda, Ph.D., R. Newman, M.D., J. Goodwin, M.D.), presented at the 153rd Annual Meeting of the American Psychiatric Association, May 13-18, 2000, Chicago, Illinois.

Novac, A.; Shaw, S.; Huber-Schneider, S.: "The Intergenerational Trauma Scale (IDS), A New Instrument in Measuring Intergenerational Transmission of Trauma," Poster Session presented 16th Annual Meeting of International Society of Traumatic Stress Studies, November 16-19, 2000, Hyatt Regency, San Antonio, Texas.

Novac, A. (Chairperson): "Intergenerational Aspects of Trauma and Aggressive Behavior," (Co-Presenters: R. Newman, M.D.; R. Yehuda, Ph.D.), Workshop, Presented at the 154th Annual Meeting of the American Psychiatric Association, May 5-10, 2001, New Orleans, Louisiana.

Novac, A.: "Trauma and the Risk for Future Adolescent Violent Behavior," Paper Presentation, Presented at the 53rd Annual Meeting, The American Society of Criminology, November 7-10, 2001, Atlanta, Georgia.

Novac, A. (Chairperson): "Trauma and Violence on a Large Scale: What to Expect in the Next Generation," (Co-Presenters: R. Yehuda, Ph.D.; J. Albeck, M.D., C. Portney, M.D., L. Knox, Ph.D.). Presented at the 17th Annual Meeting of the International Society of Traumatic Stress Studies, December 6-9, 2001, New Orleans, Louisiana.

Novac, A. (Presenter): "Measuring Intergenerational Transmission of Trauma," Symposium: Prevention of Intergenerational Transmission of Effects of Trauma, Chairperson: Charles W. Portney, M.D. Presented at the 17th Annual Meeting of the International Society of Traumatic Stress Studies, December 6-9, 2001, New Orleans, Louisiana.

Novac, A. (Chairperson): "Intergenerational Aspects of Trauma and Trauma-Related Behavioral Patterns," (Co-Presenters are R. Newman, M.D.; R. Yehuda, Ph.D.), Workshop, Presented at the 155th Annual Meeting of the American Psychiatric Association, May 18-23, 2002, Philadelphia, PA.

Novac, A.: "Intergenerational Transmission of Trauma in Prevention of Long-Term Consequences of Traumatic Stress," (Co-Presenters Rita Newman, M.D., Charles Portney, M.D.), Issue Workshop Presented at the 156th Annual Meeting of the American Psychiatric Association, May 17-22, 2003, San Francisco, CA.

- Novac, A.: "Para-Traumatic Disorders," Presented at Educational Retreat, University of California, Irvine, Department of Psychiatry, June 7-14, 2003, Grindelwald, Switzerland.
- Novac, A.: "Traumatic Stress: The Bridge Between Neuroscience and Psychodynamic Psychiatry." Symposium (Co-Presenters: Robert Levitan, M.D., Rachel Yehuda, Ph.D., Barton Blinder, M.D., Roger Pitman, M.D.). 157th Annual Meeting of the American Psychiatric Association, New York, May 1-6, 2004.
- Novac, A.: "Building Trauma Resiliency: The Impact of Music on the Life Holocaust Survivors." Issue Workshop (Co-Presenter: Bonita Jaros, Ph.D.). 158th Annual Meeting of the American Psychiatric Association, Atlanta, Georgia, May 21-26, 2005.
- Novac, A.: "The Impact of Music on the Lives of Holocaust Survivors: Building Trauma Resiliency." Media Presentation (Co-Presenters: Bonita Jaros, Ph.D., Florabel Kinsler, Ph.D.). 22nd Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, California, November 4-7, 2006.
- Novac, A.: "Beyond Therapy: Child Holocaust Survivors Face Aging." Poster Presentation (Co-Presented in Collaboration with: Natalie Gold, Ph.D., Florabel Kinsler, Ph.D., Gabriele Silten, M.A., Sarah Moskovitz, Ph.D., and Eva Brettler, B.A.). 22nd Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, California, November 4-7, 2006.
- Novac, A. (Workshop Chair): "Music as a Means of Survival: The Significance of Music in Surviving the Holocaust." (Co-Presenter: Bonita Jaros, Ph.D.) 160th Annual Meeting of the American Psychiatric Association, San Diego, California, May 19-24, 2007.
- Novac, A. (Presenter): "Intergenerational Transmission of Trauma: A Neuropsychanalytic Approach," Presented at Annual Meeting of the International Neuropsychanalytic Association (NPsA), July 25-28, 2008, Montreal, Canada.
- Brewin, C.R.; Lanius, R.A.; Novac, A.; Schnyder, U.; Galea, S.: "On Criterion A of PTSD." Open letter to the DSM-5 Committee, APA, 2008.
- Albeck, J.; Armsworth, M.; Danieli, Y.; Fastlicht, S.; Kudler, H.; Novac, A.; Wilson, C. (On behalf of International Society of Traumatic Stress Studies): "Intergenerational Transmission of Posttraumatic Stress Disorder." Open letter, white paper and recommendations to the DSM-5 Committee, APA, 2008.
- Novac, A.; Katz, L.; Ghafoori, B.; Pusateri, T.: "Posttraumatic Relational Syndrome: Cultural and Intergenerational Considerations." Poster Presentation. 25th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, Georgia, November 5-7, 2009.
- Katz, L.; Novac, A.; Ghafoori, B.; Pusateri, T.: "Posttraumatic Relational Syndrome: A Perspective Grounded in Empirical Data and Case Studies." Poster Presentation. 25th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, Georgia, November 5-7, 2009.

- Pusateri, T.; Katz, L.; Novac, A.: “Complexity of Interpersonal Trauma and Posttraumatic Relational Syndrome.” Poster Presentation. 25th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, Georgia, November 5-7, 2009.
- Novac, A.: “The Brain During Psychotherapy: Neurological Changes and Their Biological Significance.” Ben Gurion University School of Medicine, Department of Psychiatry, Beer Sheva, Israel, January 11, 2011.
- Novac, A. (Chair); Blinder, B.: “Narratives, Brain Processing, and Autobiographical Self.” (Discussant: Katz-Bearnot, S.-Columbia University). Workshop. 56th Annual Meeting of the American Academy of Psychoanalysis and Dynamic Psychiatry, Philadelphia, PA, May 3-5, 2012.
- Novac, A.: “Narratives in Psychotherapy: Psychological Healing and Brain Processing Mechanisms.” Paper Presentation. 56th Annual Meeting of the American Academy of Psychoanalysis and Dynamic Psychiatry, Philadelphia, PA, May 3-5, 2012.
- Novac, A.; Bota, R.: “Psychiatric Treatment and Brain Processing Mechanisms: Narratives and Transprocessing.” Paper Presentation. World Psychiatric Association 2013, Bucharest, Romania, April 10-13, 2013
- Novac, A.; Pally, R.; Blinder, B.: “Conflict Revisited: Psychotherapy Joins Neuroscience.” Workshop. 166th Annual Meeting of the American Psychiatric Association, San Francisco, CA, May 18-22, 2013.
- Novac, A., Jaros, B. & Blinder, B. “Free Artistic Expression and Play as Means of Surviving Trauma.” Workshop 184 Annual Meeting of the American Psychiatric Association, New York NY, May 3-7, 2014.
- Novac, A (Chair). & Jaros, BN. “Identity Narrative and its Role in Understanding Trauma.” Workshop, World Psychiatric Association International Congress 2015, Bucharest, Romania, June 24-27, 2015
- Novac, A: “Identity Narrative: The Implicit Rerouting Hypothesis.” Paper Presentation. World Psychiatric Association International Congress 2015, Bucharest, Romania, June 24-27, 2015
- Chukwu, I, Seegan, A. & Novac A. “Foreign Accent Syndrome as an Under-recognized Manifestation of Chronic Psychological Trauma.” Poster Presentation, 60th Annual Meeting of the American Psychiatric Association, Atlanta, GA, May 14-18, 2016.
- Novac, A. “Physician Burn-out in a Contemporary Context.” Paper Presentation. Skyline Medical Association Annual Meeting: The Role of Evidence-Based Medicine in Clinical Practice. Sun Valley, Idaho, January 28-30, 2016.
- Novac, A. “Countering the Psychologic Impact of a Cancer Patient.” Paper Presentation. Skyline Medical Association Annual Meeting: A Medical Symposium on Neoplasia. Sun Valley, Idaho, January 26-28, 2017.

Rocha, E, Novac A, Kirsten D, Shin, J, Totoiu, D, Bota, R. "Psychosis, Catatonia and Post-Psychosis PTSD." Poster Presentation, 61st Annual Meeting of the American Psychiatric Association: San Diego, CA, May 20-24, 2017.

Endowed Lecture Series

Novac, A.: "Comprehensive Review of Psychological Aspects of Trauma and PTSD." (Full-day Course) Annenberg Center for Health Science/Annenberg Foundation, Eisenhower Medical Center, Rancho Mirage, CA, December 4, 2010.

Visiting Professor/Keynote Lectures

Novac, A.: "Somatization and Trauma," Visiting Professor Lecture Series, August 19, 1998, Antelope Valley Medical Center, Lancaster, California.

Novac, A.: "Borderline Personality Disorder," Visiting Professor Lecture Series, March 12, 2003, Antelope Valley Hospital, Lancaster, California.

Novac, A. (Keynote Speaker): "Where is Trauma Going? Who Cares for Refugees?" Plenary Lectures. The Annual Meeting of the California Psychiatric Association (CPA), Dana Point, California, October 5-7, 2006.

Novac, A. (Moderator): Annual UCI Undergraduate Research Symposium (UROP), Oral Scientific Session II Psychiatry, Irvine, CA, May 15, 2010.

Media Interviews

Novac, A.: "Masked Depressions," Television interview on "Health and Lifestyle Show" (Polar Production), 1987.

Novac, A. (Interview).: In: Niculescu, L., "The Palms of Angels," Anastasia, 1996 (published in Romanian) Featuring interviews with: Arnold Band, Claire Crabtree, Murray Krieger, Andrei Novac, etc.

Interview with Larry Mantle of AirTalk, 89.3 FM KPCC (NPR), "The Effects of Wartime Stress on Civilian Populations," March 27, 2003.

Interview with Larry Mantle of AirTalk, 89.3 FM KPCC (NPR), "Open Phones: 3 Years After 9-11," September 10, 2004.

Novac, A. (Interview): "From the Inside Out: Post Traumatic Stress Syndrome," (television program) by Fina Lee Bentley, Adelphia, 2004.

Interview with Daily Mail of London by Lowri Turner, "Women are BORN to be moody. Feeling blue? New research shows it's not your fault - women's brains are just wired differently," June 14, 2011.

ABSTRACTS

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Novac, A. "Histochemical Aspects of Secretory Cells in the Human Thymus," 3rd prize at the Student Research Conference, Institute of Medicine and Pharmacy, 1976. Bucharest, Romania.

Novac, A. "Ultrastructural Aspects of Secretory Cells in the Human Thymus," 1st prize at the Student Research Conference, Institute of Medicine and Pharmacy, 1977. Bucharest, Romania.

Novac, A. "Morphological and Histochemical Aspects of the Thymus in Myasthenia Gravis." Doctoral (MD) Thesis, 1978. Institute of Medicine and Pharmacy (Carol Davila Medical School). Bucharest, Romania.

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ADDITIONAL PUBLICATIONS

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- Novac, A: Book Review: "Survivor Guilt: A Self Help Guide," by Aphrodite Matsakis, Ph.D., New Harbinger Press; Oakland, California, 1999, 282 pages, In: *Psychiatric Times*, 2001, Volume 18, No. 10 (October), page 44.
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Novac, A: Book Review: Trauma and Disaster. Response and Management, by Robert Ursano, M.D., and Norwood, M.D. (Eds.), American Psychiatric Publishing, Inc., Washington, D.C., pp188. In: *Psychiatric Times*, 2004 (October), page 27.

POEMS

Novac, A. Rain and Cattle Train, Poem. In Plexus, Vol. 1:28, 2000.

Novac, A. I Encountered Your Eyes. In Plexus, 2001, Vol. 1:30.

Novac, A. "Watching for the End," "Snowflake View," and "Voices of Hate," (poems) In Plexus, 2002, Volume 3, pages 6, 14, 18.

Novac, A. "Cabbala," "High School Reunion," (poems) In Plexus, 2003 Ed., pages 15, 39.

Novac, A. "False Prophets," (poem) In: Quarterly Journal of Psychiatry, Spring 2013, page 7.

Novac, A. "Our Way Home," (short story) dramatized as musical play by Bonita Jaros, Ph.D., staged and performed JCC of Orange County, CA, April 4, 2013.

Novac, A. "Land," (poem) In: "Our Way Home," musical play by Bonita Jaros, Ph.D., 2013

Novac, A. "Nightmare Fog," (poem). In: *Plexus*, 2015 Ed., p. 39

Novac, A. "The Age of Humanity," (poem). In: *Plexus*, 2015-2016 Ed.

Novac, A. "The Experiment," (poem). In: *Plexus*, 2017 p. 32 Ed.

PAST PROJECTS AND GRANTS

Novac, A. "The effects of propranolol on the symptoms of tardive dyskinesia." Research protocol at the Veterans Administration Medical Center, Long Beach.

Novac, A; Wilson AF; Gottschalk LA. "Oxygen consumption in patients with major depression." Research protocol at the University of California Irvine Medical Center.

Vaca, F; Novac, A; Arguija, A; Nagaishi, D: The prevalence of PTSD in adult Hispanic crash victims. Joint Research, Department of Emergency Medicine and Department of Psychiatry, 2000-2001.

Center for Disease Control Grant – Developing Center for Youth Violence Prevention. Investigator/Interdisciplinary Consortium, 2000-2004.

Novac, A; Fleming, K; Reist, C; Rawles, J; Potkin, S: The neurosubstrates of unconscious and conscious processing of fearful stimuli in patients with Posttraumatic Stress Disorder (PTSD) and healthy controls: A preliminary FDG PET investigation. Funded by General Clinical Research Center (GCRC) University of California, Irvine, 2002-2004.

Novac A, Cramer S, Reist C, Rawles J, Muftuler T, Ruggs M, Nalcioglu O. The Neural Substrates of Unconscious and Conscious Processing of Fearful Stimuli in Patients with Posttraumatic Stress Disorder (PTSD) and Healthy Controls: A Preliminary fMRI/MRS Investigations. Translational Research Grant, UC Irvine, 2004-2009.

AWARDS AND DIPLOMAS

Best Doctors of Orange County by Orange Coast Magazine 2014 and 2015

Academic Senate Award for Distinguished Service, University of California, Irvine, School of Medicine, Continuing Medical Education Committee, 2008-2013

Elected, Top Psychiatrists in America, Consumer Research Council of America, Washington, DC, 2004.

Elected, Distinguished Fellow of the American Psychiatric Association, 2003.

Diplomate (Board Certified) American Academy of Experts in Traumatic Stress ("BCETS"), 1997.

Elected Fellow of the American Academy of Experts in Traumatic Stress ("F.A.A.E.T.S."), 1997.

Elected Fellow of the American Psychiatric Association (F.A.P.A.), 1996.

Recertified, Qualified Medical Examiner (QME), State of California, Department of Industrial Relations, 1996.

Diplomate, American Board of Psychiatry and Neurology, 1988.

Annual Research Award - Department of Psychiatry and Human Behavior, University of California, Irvine, 1985.

Diploma for Special Academic Achievement - Medical School of Bucharest, Romania, 1977.

CURRENT RESEARCH INTERESTS

- Behavioral Neurology: Brain Processing and Memory during Psychotherapeutic Change;
- Attachment Patterns and Development;
- Trauma-Related Behavior ("Paratrauma"), Pathology and Complex PTSD;
- Dynamics of Groups and Organizations/Industrial Psychiatry;
- Holocaust Survivors and Intergenerational Transmission of Trauma;
- Narratives and Autobiographical Self;
- Neuropsychoanalysis.

JOURNAL/GRANT REVIEWER

- National Institute of Health/Clinical and Translational Science Awards (NIH-CTSA, pilot project program at UC, Irvine)
- American Journal of Public Health - Reviews (Washington, D.C.)
- Bipolar Disorders. An International Journal of Psychiatry and Neuroscience (Blackwell Publishers Ltd/Oxford, UK)
- Social Behavior and Personality. An International Journal (Palmerston North, New Zealand)
- Journal of Political Psychology (Chicago, Illinois)
- Journal of Traumatic Stress (Wiley-Blackwell)
- Journal of Neuropsychiatric Disease and Treatment (Dove Medical Press)

PROFESSIONAL SOCIETIES

American Medical Association
American Psychiatric Association
New York Academy of Science

International Society for Traumatic Stress Studies
American Academy of Experts in Traumatic Stress
International Neuropsychanalytic Association

OTHER AFFILIATIONS

2011-present: Executive Board Member, Bullying Prevention Initiative of California

SERVICE TO PROFESSIONAL SOCIETIES

2011-2013: Continuing Medical Education (“CME”), University of California, Irvine, School of Medicine

2015-2016: Wellness Committee, University of California, Irvine, School of Medicine

FOREIGN LANGUAGES

German, French, Romanian